

## Deer Valley and Deer Valley North Fitness Room Reopening!

We will be re-opening the fitness rooms at Deer Valley and Deer Valley North on Wednesday June 17<sup>th</sup>. Please read the following carefully. ***Per state guidance***, we will be opening with the following limitations:

- Capacity Limitation - We will allow 2 people to work out at a time at each fitness center.
- Social Distancing – All equipment that can be used must be 6’ apart. Therefore, some equipment will be roped off and will not be able to be used.
- All users of the equipment must practice social distancing from other people utilizing the gym. If you are within 6-12’ of the other occupant of the fitness room you must wear a mask. If you are over 12’ from another occupant, you do not have to wear a mask.
- Sanitation – We will be required to sanitize the fitness rooms during the day. Therefore, the fitness rooms will be closed periodically so that we can properly sanitize.
- Sanitation – All users of the fitness equipment are required to sanitize the equipment that they are using before and after each use. Spray and towels will be available in the fitness rooms.
- Hours – Due to our sanitization requirement, we will be operating on limited hours. Starting on Wednesday June 17<sup>th</sup>, our hours will be 7:30 AM to 5:30 PM Monday through Friday and 7:30 AM to 2:00 PM on Saturday. We will close down the gym from 10:30 AM to 11:00 AM and 2:00 PM to 2:30 PM for sanitization.
- Reserving times – all fitness room users will be required to sign up for a block of time. All time blocks will be limited to 1 ½ hours.
- Upon arrival at your assigned time, you will meet with a Deer Valley employee at the entrance door of the fitness room so that they can let you in.
- Anyone that is sick or that has been recently exposed to someone with COVID symptoms is not allowed in the fitness room.
- The State of CT has recommended that those over the age of 65 or with health conditions that would make them a high risk if exposed to COVID should remain home.
- Water fountains can only be used for bottle refills. Please take any trash you may have with you.

### ***A few pertinent questions that you may have:***

- Why are you limiting the hours?
  - Answer - We need to ensure that the gym is sanitized throughout the day and we do not have staff available to sanitize during off hours.
- Can I use the bathrooms?
  - Answer – Yes

- How do I sign up for a time?
  - Answer – Please call or email the office ([info@deervalleytownhomes.com](mailto:info@deervalleytownhomes.com)). If you email or leave a voicemail, please wait for a confirmation from the office.
- What are the sign up times?
  - Monday-Friday
    - Block A – 7:30-9:00
    - Block B – 9:00-10:30
    - Block C – 11-12:30
    - Block D – 12:30-2:00
    - Block E – 2:30-4:00
    - Block F – 4:00-5:30
  - Saturday
    - Block A – 7:30-9:00
    - Block B – 9:00-10:30
    - Block C – 11:00-12:30
    - Block D – 12:30-2:00
- Is there a limit to how many times that I can reserve?
  - Yes. We will limit everyone to 3 fitness room workouts a week so that we can accommodate as many residents as possible.
- Can guests sign up for times?
  - They cannot due to the limited amount of time available for our residents.
- Why can't I just show up when I want to?
  - Answer – Due to current safety guidelines from the State of CT, we need to ensure that we are meeting capacity limitations. This is for the safety of the community.
  - Answer – will my key fob be activated in order to enter the fitness room area?
    - No – a Deer Valley staff member will open the door for you to let you in the fitness area.
- How long will these limitations last?
  - Answer – Hopefully not too long! As the Governor lays out new reopening guidelines, we will loosen restrictions. It is not our intent to limit those that want to work out but we must follow guidelines for the safety of the community.
- Do I need to wear a mask while working out?
  - Answer - You need to wear a mask ***if you cannot maintain a 12' distance*** from someone else who is working out.

- Are there time limits on equipment?
  - Please limit the amount of time on one piece of equipment or one area of the gym to 45 minutes so that the other person that may be working out during your time block has a chance to use the equipment.
  - Should I bring my own water?
    - Answer – Yes, you should plan on bringing your own water bottle. If it is a disposable bottle, please do not leave it in the fitness room.
- Will hand sanitizer be available?
  - Answer - Yes
- Why are the windows being left open?
  - Answer - To allow for extra ventilation, per State requirements.
- When will these restrictions be lifted?
  - Answer - As soon as we can safely do so while following guidance from the State of Connecticut. At this point, there is no timeframe.

We are excited by the prospect of offering our fitness areas again to Deer Valley and Deer Valley North residents. We ask that everyone abide by our reopening rules for the safety and security of our community. ***We realize that the reopening plan is far from ideal and will work to improve after-hours access as soon as we can safely do so. We ask everyone to have patience and to respect the rules that we have in place. Violators of these rules will lose fitness room privileges for the remainder of their lease term. Let's keep our community safe!***